

## Lesson – Breastplate of Righteousness

Watch video with Pastor Rachel on church website -

<https://youtu.be/faFliCoMXok>

Watch Bible Story video - <https://youtu.be/nleiAfrp2kY>

### Lesson:

Satan tries to get us to sin, just like he tempted Adam and Eve, but since we love God, we don't want to sin. We want to live righteous lives.

1. Who can tell me what righteous means?
  - Righteous means being right with God.
  - We are righteous when we follow God and don't let any sin into our hearts.
2. What piece of armor protects the heart?
  - That's right, the breastplate. The breastplate on a knight protects his heart.
  - Our armor from God comes with a breastplate too. The breastplate we get from God is called the breastplate of righteousness. This means that when we put on the breastplate of righteousness, we are protecting our hearts from sin and learning to be righteous- right before God.
3. Now, is the breastplate of righteousness something we actually wear, like we might wear a jacket? Do we keep our breastplates of righteousness hanging up in our closets?
  - No! So how do we put on the breastplate of righteousness? Let a few children answer. That's right. We pray that God would make us right before him by forgiving us of our sins, we read our Bibles, and we do our best to do what we know is right.

Read Psalm 119:9-11

- What do these verses have to do with righteousness? Verse 9 talks about keeping our way pure. That means righteous.

- What do the following verses tell us to do to stay righteous? That's right, we seek the Lord with our whole heart, we keep his commandments, and we store up his word in our heart. We memorize Bible verses to remind us how to be righteous.

When we do what is right before God, we are putting on the breastplate of righteousness.

Final Question - Do you think Mr. Rick enjoyed shooting Pastor Rachel?

As a family choose a memory verse that you are going to work at learning this week. Some suggestions are:

- Psalm 5:11
- 1 Thessalonians 5:16-18
- 1 Peter 5:7
- John 14:27

Write them on the bathroom mirror, paste them on the door so you see them before you leave the house.

Choose a reward that the kids can earn for participation (gum, slurpee)

Close in prayer